

NMC GUIDELINES FOR HAIR TRANSPLANT AND AESTHETIC SURGERY PROCEDURES

Any procedure involving a skin incision for the purpose of tissue removal from the scalp or body, or to prepare the scalp or body to receive tissue, (e.g., incising the FUE graft, excising the donor strip, creating recipient sites) by any means, including robotics, is a surgical procedure. Such procedures must be performed by a properly trained and licensed Registered Medical Practitioner (RMP) i.e. practitioner of Modern Medicine.

The hair transplant should preferably be undertaken only by those who have surgical grooming like formal surgical training such as M.Ch/DNB Plastic surgery, MD/DNB Dermatology with adequate grooming in dermatological surgical procedures.

The following aspects of hair restoration surgery should only be performed by a RMP:

- Preoperative diagnostic evaluation
- Surgery planning
- Surgery execution including: Donor hair harvesting, Hairline design, Recipient site creation and Management of other patient medical issues and possible adverse reactions
- Post-operative care

Minimum requirements in a hospital/clinic performing hair transplant surgery

The day care theatre should be equipped with facilities for monitoring and handling emergencies. A plan for handling emergencies should be in place and all nursing staff should be familiar with the emergency plan. It is ideal to have a standby anaesthetist.

Aesthetic Procedures including Hair Transplant

Aesthetic Procedures, including Hair Transplant as with any other surgical procedure, may have complications and requires skills and training in appropriate patient selection, differential diagnoses and surgical techniques and appropriate post procedure care to optimize outcomes. It is suggested that anyone who wishes to perform these procedures should be adequately knowledgeable and trained and should ensure that they have adequate infrastructure and manpower to manage any issues that may arise due to procedure performed.

It may be noted that watching in workshops or on YouTube or similar platforms is not adequate training to start Aesthetic surgeries including hair transplant.

Assistants or OT technicians; should be from a medical background, such as nurses, lab technicians, pharmacists. However, they need to be provided structured, systematic, and proper training (responsibility will lie with the RMP) in all aspects of both aesthetic surgery and disinfection, sterilization, patient communication etc.

Surgical assistants/technicians should perform tasks only under the supervision of a RMP.

The RMP should have an anaesthesia back up in the form of presence of the anaesthetist in the operation room area with all the requisite resuscitative equipment and drugs in place.

The RMP should ensure that the patient undergoing such a surgery should have adequate preoperative clearances from the medical specialists and the anaesthetist.

The RMP should have a well-equipped postoperative recovery room with facilities for monitoring of vitals and adequate record keeping.

At **Kosmetic Clinique**, we strictly adheres to all the rules and regulations as stipulated by the Ethics & Medical Registration Board of the National Medical Commission.

At Kosmetic Clinique U.K. standard hygiene is maintained to provide most hygienic and safe environment. Our clinic is fully equipped with all emergency

equipment and ICU facilities and we follow all **NMC guidelines** for safety of our esteemed clients.